

See what's included in your plan

Step 1

Who is the plan for?



Yourself



Yourself & partner



Cover for up to four children under the age of 18 is **FREE**

Step 2

Choose your level of cover

Level 1

You **£13.43** per month
You and your partner **£24.80** per month

Level 2

You **£17.51** per month
You and your partner **£29.39** per month

Level 3

You **£21.65** per month
You and your partner **£38.18** per month

Level 4

You **£27.38** per month
You and your partner **£51.66** per month

Level 5

You **£43.91** per month
You and your partner **£73.36** per month

What's covered?

Value each person can claim back per year

	Level 1	Level 2	Level 3	Level 4	Level 5
Speak to a GP	✓	✓	✓	✓	✓
Telephone counselling	✓	✓	✓	✓	✓
Dental	£100	£120	£160	£190	£280
Optical	£100	£120	£160	£190	£280
Physiotherapy, osteopathy, chiropractic, acupuncture	£295	£345	£420	£520	£770
Chiropody / podiatry, homeopathy and reflexology	£100	£125	£150	£200	£300
Hospital stays - paid per day/ night stay (max 20 days/ nights per year)	Adult £28 Child £14	Adult £35 Child £18	Adult £40 Child £20	Adult £60 Child £30	Adult £90 Child £45
Prescription charges	£8.60	£17.20	£25.80	£34.40	£43.00
New child payment (12 month qualifying period)	£175	£200	£250	£325	£450

...and much more